

Seniors COVID Guidelines

We're pleased to say that Senior training is back, starting on Tuesday 29th September. The Club has worked extremely hard over the last few weeks to comply with England Hockey requirements and to implement the necessary changes to processes to enable this to happen. Our overriding aim is to make returning to play as safe as possible for everyone involved - players, coaches, helpers umpires and parents alike.

Please help us to do so by complying with the new requirements and guidelines, summarised below.

What you need to do

1. Please sign England Hockey's Participant Agreement

Before attending any training session or match, you must complete England Hockey's Participant Agreement.

This only needs to be done once. The agreement can be accessed from the COVID page of the club's website (www.eveshamandbadseyhockey.club/covid-19) where you will find full guidance to what you need to do and player responsibilities.

2. Register your attendance at every training and match

Before every training session and every match, you must register your attendance. This is essential for 'Track and Trace' purposes and we are required by England Hockey to submit all players details within 24 hours of them playing.

To automate the process the Club are going to use an app called 'Spond'. In Spond you'll be able to see the dates of all training and matches and will be asked to choose whether you will 'Attend' or 'Decline'. If you attend training or matches you must choose 'Attend'.

You'll shortly receive more information about Spond and an invitation to join.

3. Preparing to play

3.1 Self Assessment check

Before attending each session you need to perform a Self Assessment check and declare that you are symptom-free and haven't been in contact with anyone with suspected or confirmed COVID symptoms within the past 2 weeks. You may only attend if you can answer no to all of the following:

- A high temperature (above 37.8 C)
- A new continuous cough
- Shortness of breath
- A sore throat
- Loss of or change in normal sense of taste or smell
- Feeling generally unwell
- Been in close contact with / living with a suspected or confirmed case of COVID-19 in the previous 2 weeks



3.2 Do not touch equipment, gates or fencing

No kit or equipment other than their own is to be touched by anyone other than coaches or designated helpers. If it is touched please ensure that you sanitise their hands immediately.

3.3 Hand sanitiser

Please ensure that you have hand sanitiser in your bag.

What you need to know

1. Training times

The new times for Tuesday evening Senior training is 19.30 to 21.00.

You should aim to arrive just a few minutes before the relevant session. Queuing will be minimised by registering attendance using the Spond app and by the fact that we will not be taking cash payments this season.

2. Payments and membership

The annual membership of £50 for the season, which includes all training, can be paid by bank transfer. The club's bank account name is 'Evesham & Badsey Hockey Club', account number 61779568, sort code 30-80-34 (Lloyds Bank). Please include your name and 'Senior subs' as a reference.

If you wish to continue to pay weekly then this will be undertaken using the Spond app or by bank transfer. We will not be accepting cash payments.

3. Parents/spectators

We've been asked by The De Montfort School to limit people on the school site so please can you limit the number of parents or spectators.

Please remind them to observe social distancing guidelines at all times whilst onsite.

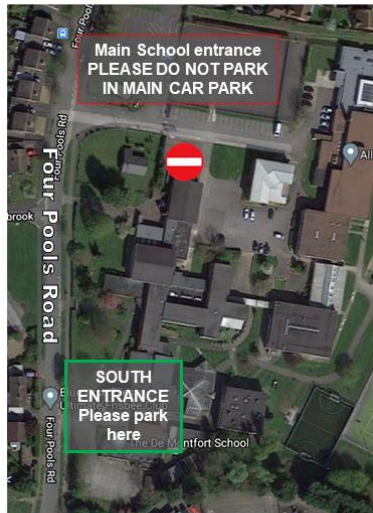
4. Car parking and pitch access (please see map below)

For all training sessions and matches please park in the lower car park to the south of Four Pools Road (the Tesco garage end) and use the route shown in the map below to get to the Astro.

Players must enter the pitch via the adjacent small Astro, not the gate next to the shed.

Only players, coaches and nominated helpers will be allowed on the Astro. Spectators must do so from the grassed area or path next to the small Astro, observing social distancing.

**1. PARKING – Please park in the
South entrance car park**



**2. SPECTATORS –
Please stay off of the pitch and in the spectator area marked**



Please maintain social distancing at all times

Games/training

As per England Hockey guidelines, training and match play continues as-normal other than a heightened sense of distance.

All pre-match/warmup activity is allowed but please maintain social distancing.

If you wear a facemask these will be numbered and allocated to a player for the duration of the match. The facemask will be sanitised in advance. If the player is substituted or injured and another player needs to use the facemask it must be sanitised before transferring to the new player.

What happens if you're ill?

- You should not attend any hockey activity.
- Participants should contact the Club COVID Officer as soon as they know or suspect that they have COVID symptoms. The club's COVID Officer is Martin Husbands. His contact email is **covid@eveshamandbadseyhockey.club**
- You should contact NHS Track and Trace if you haven't already.
- The COVID Officer will contact other participants to let them know that there is a suspected case of COVID and to monitor their own health. NHS may get in contact with them if they have been in direct contact and need to self-isolate. The Club COVID Officer will also advise the The De Montfort School of the suspected case of COVID.
- If a match has been played, the Club COVID Officer will contact the COVID Officer from the opposition team, and any match officials, to inform them of a suspected case. NHS may get in contact with them if they have been in direct contact and need to self-isolate. This is reciprocated with other clubs.
- The COVID Officer will also contact England Hockey through their reporting system.



Your compliance with the above changes will help us to ensure a safe and enjoyable return to hockey, so thank you for your assistance in this regard.

We may revise some of the above processes if we identify improvements, so please bear with us for the first few sessions.

More information can be found on the COVID-19 page of the club's website at (www.eveshamandbadseyhockey.club/covid-19/).

Please contact any of your coaches or committee members if you have any suggestions.